Swim England East Midlands Short Course Championships 2026

Harvey Hadden Nottingham Fri 6th / Sat 7th / Sun 8th November

Licensed Level 2 - 2EM262078

The timings below are provisional based on the accepted entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

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FRIDAY

Session 1 - 2EM262078			**Warm Up:**	**18:15 - 18:40**		**Start:**	**18:45**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
101	L	1500 Fr	Heats	24	3	18:45	00:57	00:57
BREAK						**19:42**	**00:15**	**01:12**
102	M	800 Fr	Heats	48	6	19:57	00:59	02:11
Estimated Session Finish Time						**20:56**		

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SATURDAY

Session 2 - 2EM262078			**Warm Up:**	**08:00 - 08:55**		**Start:**	**09:00**	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	L	100 Fr	Heats	85	11	09:00	00:19	00:19
202	M	200 Fr	Heats	60	8	09:19	00:21	00:40
203	L	50 Br	Heats	42	6	09:40	00:07	00:47
204	M	100 Br	Heats	47	6	09:47	00:11	00:58
205	L	400 IM	Heats	43	6	09:58	00:36	01:34
206	M	100 Fl	Heats	59	8	10:34	00:13	01:47
207	L	100 Ba	Heats	57	8	10:47	00:17	02:04
208	M	50 Ba	Heats	46	6	11:04	00:09	02:13
209	L	200 Fl	Heats	37	5	11:13	00:16	02:29
210	M	200 IM	Heats	50	7	11:29	00:21	02:50
Estimated Session Finish Time						**11:50**		

Session 3 - 2EM262078			**Warm Up:**	**12:30 - 13:25**		**Start:**	**13:30**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
301	L	400 Fr	Heats	70	9	13:30	00:49	00:49
302	M	50 Fr	Heats	80	10	14:19	00:11	01:00
303	L	200 Br	Heats	41	6	14:30	00:20	01:20
304	M	1500 Fr	Heats	24	3	14:50	00:55	02:15
305	L	100 IM	Heats	61	8	15:45	00:15	02:30
306	M	200 Ba	Heats	38	5	16:00	00:16	02:46
307	L	50 Fl	Heats	53	7	16:16	00:08	02:54
Estimated Session Finish Time						**16:24**		

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SATURDAY - CONTINUED

Session 4 - 2EM262078			**Warm Up:**	**17:00 - 17:40**		**Start:**	**17:45**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
401 (202)	M	200 Fr	Final			17:45	00:03	00:03
402 (202)	M	200 Fr	Final			17:48	00:03	00:06
403 (201)	L	100 Fr	Final			17:51	00:02	00:08
404 (201)	L	100 Fr	Final			17:53	00:02	00:10
405 (204)	M	100 Br	Final			17:55	00:03	00:13
406 (204)	M	100 Br	Final			17:58	00:03	00:16
407 (203)	L	50 Br	Final			18:01	00:02	00:18
408 (203)	L	50 Br	Final			18:03	00:02	00:20
409 (206)	M	100 Fl	Final			18:05	00:02	00:22
410 (206)	M	100 Fl	Final			18:07	00:02	00:24
411 (207)	L	100 Ba	Final			18:09	00:03	00:27
412 (207)	L	100 Ba	Final			18:12	00:03	00:30
413 (208)	M	50 Ba	Final			18:15	00:02	00:32
414 (208)	M	50 Ba	Final			18:17	00:02	00:34
415 (209)	L	200 Fl	Final			18:19	00:04	00:38
416 (209)	L	200 Fl	Final			18:23	00:04	00:42
417 (210)	M	200 IM	Final			18:27	00:04	00:46
418 (210)	M	200 IM	Final			18:31	00:04	00:50
419 (303)	L	200 Br	Final			18:35	00:04	00:54
420 (303)	L	200 Br	Final			18:39	00:04	00:58
421 (302)	M	50 Fr	Final			18:43	00:02	01:00
422 (302)	M	50 Fr	Final			18:45	00:02	01:02
423 (305)	L	100 IM	Final			18:47	00:03	01:05
424 (305)	L	100 IM	Final			18:50	00:03	01:08
425 (306)	M	200 Ba	Final			18:53	00:04	01:12
426 (306)	M	200 Ba	Final			18:57	00:04	01:16
427 (307)	L	50 Fl	Final			19:01	00:02	01:18
428 (307)	L	50 Fl	Final			19:03	00:02	01:20
Estimated Session Finish Time						**19:05**		

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SUNDAY

Session 5 - 2EM262078			**Warm Up:**	**08:00 - 08:55**		**Start:**	**09:00**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
501	M	100 Fr	Heats	90	12	09:00	00:19	00:19
502	L	200 Fr	Heats	55	7	09:19	00:20	00:39
503	M	50 Br	Heats	51	7	09:39	00:08	00:47
504	L	100 Br	Heats	44	6	09:47	00:12	00:59
505	M	400 IM	Heats	25	4	09:59	00:23	01:22
506	L	100 Fl	Heats	41	6	10:22	00:11	01:33
507	M	100 Ba	Heats	46	6	10:33	00:12	01:45
508	L	50 Ba	Heats	39	5	10:45	00:08	01:53
509	M	200 Fl	Heats	27	4	10:53	00:12	02:05
510	L	200 IM	Heats	55	7	11:05	00:23	02:28
Estimated Session Finish Time						**11:28**		

Session 6 - 2EM262078			**Warm Up:**	**12:30 - 13:25**		**Start:**	**13:30**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
601	M	400 Fr	Heats	63	8	13:30	00:40	00:40
602	L	50 Fr	Heats	70	9	14:10	00:10	00:50
603	M	200 Br	Heats	34	5	14:20	00:16	01:06
604	L	800 Fr	Heats	48	6	14:36	01:03	02:09
605	M	100 IM	Heats	45	6	15:39	00:10	02:19
606	L	200 Ba	Heats	48	6	15:49	00:21	02:40
607	M	50 Fl	Heats	61	8	16:10	00:09	02:49
Estimated Session Finish Time						**16:19**		

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SUNDAY - CONTINUED

Session 7 - 2EM262078			**Warm Up:**	**17:00 - 17:40**		**Start:**	**17:45**	
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
701 (502)	L	200 Fr	Final			17:45	00:04	00:04
702 (502)	L	200 Fr	Final			17:49	00:04	00:08
703 (501)	M	100 Fr	Final			17:53	00:02	00:10
704 (501)	M	100 Fr	Final			17:55	00:02	00:12
705 (504)	L	100 Br	Final			17:57	00:03	00:15
706 (504)	L	100 Br	Final			18:00	00:03	00:18
707 (503)	M	50 Br	Final			18:03	00:02	00:20
708 (503)	M	50 Br	Final			18:05	00:02	00:22
709 (506)	L	100 Fl	Final			18:07	00:03	00:25
710 (506)	L	100 Fl	Final			18:10	00:03	00:28
711 (507)	M	100 Ba	Final			18:13	00:02	00:30
712 (507)	M	100 Ba	Final			18:15	00:02	00:32
713 (508)	L	50 Ba	Final			18:17	00:02	00:34
714 (508)	L	50 Ba	Final			18:19	00:02	00:36
715 (509)	M	200 Fl	Final			18:21	00:04	00:40
716 (509)	M	200 Fl	Final			18:25	00:04	00:44
717 (510)	L	200 IM	Final			18:29	00:04	00:48
718 (510)	L	200 IM	Final			18:33	00:04	00:52
719 (603)	M	200 Br	Final			18:37	00:04	00:56
720 (603)	M	200 Br	Final			18:41	00:04	01:00
721 (602)	L	50 Fr	Final			18:45	00:02	01:02
722 (602)	L	50 Fr	Final			18:47	00:02	01:04
723 (605)	M	100 IM	Final			18:49	00:02	01:06
724 (605)	M	100 IM	Final			18:51	00:02	01:08
725 (606)	L	200 Ba	Final			18:53	00:04	01:12
726 (606)	L	200 Ba	Final			18:57	00:04	01:16
727 (607)	M	50 Fl	Final			19:01	00:02	01:18
728 (607)	M	50 Fl	Final			19:03	00:02	01:20
Estimated Session Finish Time						**19:05**		