

Confirmation Pack

Swim England East Midland Short Course
Championships 2024

Harvey Hadden, Nottingham 1st-3rd November



Contents

Contents	2
CONTACTS	3
KEY DATES.....	3
TRAVEL INSURANCE	3
COMPETITION INFORMATION	4
Entries	4
Event Schedule	4
Protocol	4
Start Lists & Results	4
Finals	5
Withdrawals.....	5
Withdrawals from Finals	5
Anti doping	5
Medical.....	6
ACCREDITATION.....	6
Competitors.....	6
Coaches, Team Managers and Chaperones	6
GENERAL INFORMATION	7
Changing room access.....	7
Security	7
Spectators Tickets.....	7
Event Merchandise.....	7
Food and Drink.....	7
Parking.....	7
Live stream.....	8
CONDITIONS	8

CONTACTS

<p>Swim England East Midlands Matthew McNicholas Swim England East Midlands Pavilion 3 3 Oakwood Drive Loughborough LE11 3QF</p> <p>Tel: 07852 581 280 Email: matthew.mcnicholas@swimming.org</p>	<p style="text-align: right;">Venue Harvey Hadden Sports Village Wigman Road Nottingham NG8 4PB Tel: 0115 876 1600 Harvey Hadden website</p>
<p>Regional Welfare Officer Ursula Beck</p> <p>Email: eastmidlands.welfare@swimenglandvolunteers.org</p>	<p>Swim England Safeguarding</p> <p style="text-align: center;">Child Safeguarding Referral</p> <p style="text-align: center;">Adult Safeguarding Referral</p> <p>Email: safeguarding@swimming.org</p>



KEY DATES

<p>Spectator tickets released</p>	<p>18:00, Wednesday 30th October 2024</p>
--	--



TRAVEL INSURANCE

Affiliated clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please click [HERE](#) or contact Howdens directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

VOLUNTEER ROLES AVAILABLE

Currently we do not have enough volunteers to allow the event to take place.
 Please consider volunteering this weekend if you can.
 Expenses are available.

[Officials sign up](#) | [Volunteers sign up](#)



COMPETITION INFORMATION

Entries

<p>Swimming Confirmed Swimming Entries</p>
--

All entries should be checked to ensure they are correct. If there are any entry errors, please [contact us](#) as soon as possible.



Event Schedule

A detailed list of all events and timings can be found on the [EM Swim Champs website](#).

Dates	Session	Warm Up	Session Start	Finish Due
Friday 1st November	Session 1 Heats	Mixed Warm Up – 18:15-18:40	18:45	20:57
Saturday 2nd November	Session 2 Heats	Female Warm Up – 08:00-08:25 Open/Male Warm Up – 08:30-08:55	09:00	11:57
	Session 3 Heats	Open/Male Warm Up – 12:30-12:55 Female Warm Up – 13:00-13:25	13:30	16:33
	Session 4 Finals	Mixed Warm Up – 17:00-17:35	17:45	19:29
Sunday 3rd November	Session 5 Heats	Open/Male Warm Up – 08:00-08:25 Female Warm Up – 08:30-08:55	09:00	11:59
	Session 6 Heats	Female Warm Up – 12:30-12:55 Open/Male Warm Up – 13:00-13:25	13:30	16:30
	Session 7 Finals	Mixed Warm Up – 17:00-17:35	17:45	19:25

**Please note: Event schedule is subject to last minute changes and the timings stated above are estimates*

Protocol

Competitors are not permitted to change on poolside.

Only personal training equipment can be utilised during warm-up and swim-down in the competition pool (pull buoys, kickboards). The use of bungee cords, fins and large hand paddles is prohibited in all pools at all times.

The use of mobile phones is strictly prohibited in the changing village. Any attendee found to be using their phone in the changing village will be asked to leave the event.

Photography is only permitted from the balcony, no photography from poolside.

Hot drinks are not allowed on poolside, whether or not in a closed container.

Footwear must be worn when leaving poolside.

Small camping chairs are permitted on poolside, but space may be limited so please be considerate of others.

Swim down pool

A swim down pool facility is available in the south pool. This is for continuous swim down, athletes should be suitably supervised.

Sports hall

The sports hall will be available for athlete seating. This area is only for athletes and accredited coaches and team managers. Athletes should always be supervised whilst in the sports hall. Suitable clothing and footwear should be worn. Changing is not permitted in the sports hall.

Start Lists & Results

Start lists and results will be [available to view online](#). A QR code to access the online start sheets and results will be posted on the event notice boards.

Marshalling Area – Heats and Finals

Competitors must report 'race ready' to the competition stewards in sufficient time; it is suggested no later than 15 minutes, prior to the start of their event.

Finalists must report to marshalling at least ten minutes prior to the listed time on the timeline for their final. Any finalist failing to report in time may not be permitted to swim.

The marshalling area is alongside the pool on the balcony side.

Withdrawals from heats

Withdrawals must be submitted online by **6pm** on the **day prior** to the event.

Withdrawals submission	Submit a heat withdrawal here
--	---

Finals

For 50m – 200m events, the fastest 8 swimmers in each age group will be allocated a final place with the competitors placed 9th and 10th in the heats considered first and second reserve.

400m events will be swum as heat declared winner events.

Withdrawals from Finals

Withdrawals from Finals must be made no later than 20 minutes after the conclusion of the last individual event in the session in which they have qualified for the next round.

The withdrawal must be made at the medals table. Athletes cannot withdraw online.

Failure to notify or a late withdrawal from a final, including reserve finalists, or 800m/1500m freestyle shall be subject to a £20 fine, this will be sent via invoice following the completion of the Championships.

Anti doping

Whether by accident or on purpose, doping is against the rules of the sport. Swim England and Aquatics GB promote a culture of doping-free sport.

For further information, please refer to Anti-Doping section:

<https://www.swimming.org/swimengland/anti-doping/>

All medications should be checked on www.globaldro.com

Medical

There will not be a doctor present at this meet. Pool staff will administer first aid where necessary. Please contact a member of event staff or venue if you require assistance.

The nearest hospital is:

Queen's Medical Centre
Derby Rd
Lenton
NG7 2UH

It is 3.0 miles away, just under a 15-minute drive.



ACCREDITATION

Accreditations must be worn at all times whilst in accredited areas of the venue. Access to the pool deck will not be granted without a valid event accreditation.

A £10 charge will be applied to replace any lost or forgotten accreditations.

Accreditation checks will be carried out at the event and entry into the event may be denied without an accreditation pass.

Competitors

Accreditation is not required for competitors at this event. Staff at poolside access control will have a full list of swimmers competing available to them, and will be encouraged to challenge anyone who is not easily recognisable as an athlete. Please be patient with the volunteers on the door, who are ensuring the safety of all competitors by carrying out random checks.

Coaches, Team Managers and Chaperones

Poolside Accreditation Pass Charge	£8
------------------------------------	----

To apply for the accreditation pass, all coaches, team managers and chaperones must meet the [Poolside Accreditation Requirements](#).

To apply for the event accreditation:

- Swim England members: log into [Swim England Membership Options](#)

Once verified and purchased, all accreditation passes are sent in an email to be printed in advance of the event.



GENERAL INFORMATION

Changing Room Access

All changing should take place in the changing village. Athletes should not use the changing village for any reason other than to get changed and to access the poolside.

Security

Spectators, competitors and team staff are asked to be extra vigilant and take care not to leave their belongings unattended. Any concerns should be reported to event or venue staff.

Spectators Tickets

Spectators can purchase tickets online **from 6pm Wednesday 30th October**.

PURCHASE TICKETS ONLINE HERE
from 6pm Wednesday 30th October

	Pricings
Friday night	FREE (No ticket required)
Saturday/Sunday	£6 session / £10 all day
Finals	FREE (No ticket required)

Event Merchandise

Event Merchandise will be available via our partners SportySwim. [Pre order merchandise here](#). A full swim shop will be available in the entrance area.

Food and Drink

There will be provision to buy food and drink at the venue. The cafe offers a range of food and drink, including quick snacks and warm healthy meals. The café will be open on all days. Event catering is for event volunteers and officials only.

Parking

A large free car park is available at the venue, including overflow car park. Please be considerate of other pool users.

Live Streaming

The event will be live streamed on the [Swim England East Midlands YouTube channel](#). This stream is provided by a young volunteer, not a professional company.

CONDITIONS

The Swim England East Midlands Championships 2024 Conditions can be found on the [EM Swim Champs website](#).