

Swim England East Midlands Short Course Championships 2023
 Harvey Hadden Nottingham Fri 3rd / Sat 4th / Sun 5th November
 Licensed Level 2 - TBA

SCHEDULE OF EVENTS

Friday 3 rd November							
Session 1: Warm up 6:20pm Start 6:45pm							
101	Female	1500m	Freestyle HDW				
	Break			15 minutes			
102	Open/Male	800m	Freestyle HDW				
Saturday 4 th November				Sunday 5 th November			
Session 2: Start 09:00am (TBC)				Session 5: Start 09:00am (TBC)			
201	Female	100m	Freestyle	501	Open/Male	100m	Freestyle
202	Open/Male	200m	Freestyle	502	Female	200m	Freestyle
203	Female	50m	Breaststroke	503	Open/Male	50m	Breaststroke
204	Open/Male	100m	Breaststroke	504	Female	100m	Breaststroke
205	Female	400m	Individual Medley HDW	505	Open/Male	400m	Individual Medley HDW
206	Open/Male	100m	Butterfly	506	Female	100m	Butterfly
207	Female	100m	Backstroke	507	Open/Male	100m	Backstroke
208	Open/Male	50m	Backstroke	508	Female	50m	Backstroke
209	Female	200m	Butterfly	509	Open/Male	200m	Butterfly
210	Open/Male	200m	Individual Medley	510	Female	200m	Individual Medley
211	Female	4x50m	Freestyle Team	511	Female	4x50m	Medley Team
212	Open/Male	4x50m	Freestyle Team	512	Open/Male	4x50m	Medley Team
Session 3: Start TBC				Session 6: Start TBC			
301	Female	400m	Freestyle HDW	601	Open/Male	400m	Freestyle HDW
302	Open/Male	50m	Freestyle	602	Female	50m	Freestyle
303	Female	200m	Breaststroke	603	Open/Male	200m	Breaststroke
304	Open/Male	1500m	Freestyle HDW	604	Female	800m	Freestyle HDW
305	Female	100m	Individual Medley	605	Open/Male	100m	Individual Medley
306	Open/Male	200m	Backstroke	606	Female	200m	Backstroke
307	Female	50m	Butterfly	607	Open/Male	50m	Butterfly
Tea Break approx. 1hr				Tea Break approx. 1hr			
Session 4: Start TBC				Session 7: Start TBC			
Finals of Saturday's Individual Events				Finals of Sunday's Individual Events			
401	Open/Male	200m Fr	16/under Final	701	Female	200m Fr	16/under Final
402	Open/Male	200m Fr	17/over Final	702	Female	200m Fr	17/over Final
403	Female	100m Fr	16/under Final	703	Open/Male	100m Fr	16/under Final
404	Female	100m Fr	17/over Final	704	Open/Male	100m Fr	17/over Final
405	Open/Male	100m Br	16/under Final	705	Female	100m Br	16/under Final
406	Open/Male	100m Br	17/over Final	706	Female	100m Br	17/over Final
407	Female	50m Br	16/under Final	707	Open/Male	50m Br	16/under Final
408	Female	50m Br	17/over Final	708	Open/Male	50m Br	17/over Final
409	Open/Male	100m Fl	16/under Final	709	Female	100m Fl	16/under Final
410	Open/Male	100m Fl	17/over Final	710	Female	100m Fl	17/over Final
411	Female	100m Bk	16/under Final	711	Open/Male	100m Bk	16/under Final
412	Female	100m Bk	17/over Final	712	Open/Male	100m Bk	17/over Final
413	Open/Male	50m Bk	16/under Final	713	Female	50m Bk	16/under Final
414	Open/Male	50m Bk	17/over Final	714	Female	50m Bk	17/over Final
415	Female	200m Fl	16/under Final	715	Open/Male	200m Fl	16/under Final

Swim England East Midlands Short Course Championships 2023

SCHEDULE OF EVENTS

416	Female	200m FI	17/over Final	716	Open/Male	200m FI	17/over Final
417	Open/Male	200m IM	16/under Final	717	Female	200m IM	16/under Final
418	Open/Male	200m IM	17/over Final	718	Female	200m IM	17/over Final
419	Female	200m Br	16/under Final	719	Open/Male	200m Br	16/under Final
420	Female	200m Br	17/over Final	720	Open/Male	200m Br	17/over Final
421	Open/Male	50m Fr	16/under Final	721	Female	50m Fr	16/under Final
422	Open/Male	50m Fr	17/over Final	722	Female	50m Fr	17/over Final
423	Female	100m IM	16/under Final	723	Open/Male	100m IM	16/under Final
424	Female	100m IM	17/over Final	724	Open/Male	100m IM	17/over Final
425	Open/Male	200m Bk	16/under Final	725	Female	200m Bk	16/under Final
426	Open/Male	200m Bk	17/over Final	726	Female	200m Bk	17/over Final
427	Female	50m FI	16/under Final	727	Open/Male	50m FI	16/under Final
428	Female	50m FL	17/over Final	728	Open/Male	50m FL	17/over Final