



Championships 2019

GALA 1

Corby East Midlands International Pool Provisional Meet Time Line

The time line is for guidance only. Once started the meet will run at its own pace, races will not wait for missing swimmers.

WITHDRAWAL PROCEDURES

Withdrawals from heats must be notified by 6pm the day before the day of swim.

**Friday 6pm for Sessions 1 and 2
Saturday 6pm for Sessions 4 and 5**

Withdrawals can be made preferably using the online form which can be found on the home page at www.asaem.org.uk or in person to the recorders

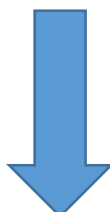
Withdrawals from FINALS (including reserves) must be made by the times specified below, reserves that have not withdrawn are released after this time.

Withdrawals from Finals can only be made in person to the recorders.

- All events in Session 1: 30mins following the **end of the session**
- All events in Session 2: 30mins after **completion of event 206**
- All events in Session 3: 30mins following the **end of the session**
- All events in Session 4: 30mins after **completion of event 506**

FAILURE TO NOTIFY A WITHDRAWAL FROM A FINAL IS SUBJECT TO A £20 FINE.

TIME LINE FOLLOWS



Meet Timing Report									
Gala 2 Session 1 Warm-up from 8am Start 9am									
Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 120 Seconds									
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
101	G	400 Fr	Heats	32	4	09:00	00:23	00:23	
102	B	100 Fl	Heats	59	8	09:23	00:16	00:39	
103	G	50 Br	Heats	58	8	09:39	00:11	00:50	
104	B	100 Br	Heats	48	6	09:50	00:13	01:03	
105	G	200 IM	Heats	47	6	10:03	00:20	01:23	
106	B	200 Fr	Heats	53	7	10:23	00:22	01:45	
107	G	100 Ba	Heats	42	6	10:45	00:14	01:58	
108	B	50 Ba	Heats	47	6	10:58	00:10	02:08	
109	G	200 Fl	Heats	38	5	11:08	00:18	02:26	
Estimated Session Finish Time 11:26									
Gala 2 Session - 2 Warm-up 12pm Start 1pm									
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
201	B	400 IM	Heats	35	5	01:00	00:33	00:33	
202	G	100 Fr	Heats	67	9	01:33	00:16	00:49	
203	B	50 Fr	Heats	65	9	01:49	00:11	01:00	
204	G	200 Br	Heats	31	4	02:00	00:15	01:15	
205	B	200 Ba	Heats	36	5	02:15	00:18	01:33	
206	G	50 Fl	Heats	78	10	02:33	00:12	01:46	
207	G	1500 Fr	Heats	22	3	02:46	01:00	02:45	
Estimated Session Finish Time 03:45									
Gala 2 Session - 3 Warm-up 4:15 Start 5pm									
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
301 (103)	G	50 Br	Final			05:00	00:03	00:03	
302 (103)	G	50 Br	Final			05:03	00:03	00:05	
303 (102)	B	100 Fl	Final			05:05	00:03	00:08	
304 (102)	B	100 Fl	Final			05:08	00:03	00:12	
305 (105)	G	200 IM	Final			05:12	00:05	00:16	
306 (105)	G	200 IM	Final			05:16	00:05	00:21	
307 (104)	B	100 Br	Final			05:21	00:03	00:24	
308 (104)	B	100 Br	Final			05:24	00:03	00:28	
309 (107)	G	100 Ba	Final			05:28	00:03	00:31	
310 (107)	G	100 Ba	Final			05:31	00:03	00:34	
311 (106)	B	200 Fr	Final			05:34	00:04	00:38	
312 (106)	B	200 Fr	Final			05:38	00:04	00:43	
313 (109)	G	200 Fl	Final			05:43	00:05	00:48	
314 (109)	G	200 Fl	Final			05:48	00:05	00:52	
315 (108)	B	50 Ba	Final			05:52	00:03	00:55	
316 (108)	B	50 Ba	Final			05:55	00:03	00:57	
317 (202)	G	100 Fr	Final			05:57	00:03	01:01	
318 (202)	G	100 Fr	Final			06:01	00:03	01:04	
319 (203)	B	50 Fr	Final			06:04	00:02	01:06	
320 (203)	B	50 Fr	Final			06:06	00:02	01:09	
321 (204)	G	200 Br	Final			06:09	00:05	01:14	
322 (204)	G	200 Br	Final			06:14	00:05	01:19	
323 (205)	B	200 Ba	Final			06:19	00:05	01:23	
324 (205)	B	200 Ba	Final			06:23	00:05	01:28	
325 (206)	G	50 Fl	Final			06:28	00:03	01:30	
326 (206)	G	50 Fl	Final			06:30	00:03	01:33	
Estimated Session Finish Time 06:33									

Gala 2 Session - 4 Warm-up from 8am Start 9am**Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 120 Seconds**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	B	400 Fr	Heats	36	5	09:00	00:29	00:29
402	G	100 Fl	Heats	59	8	09:29	00:16	00:45
403	B	50 Br	Heats	53	7	09:45	00:09	00:54
404	G	100 Br	Heats	35	5	09:54	00:11	01:05
405	B	200 IM	Heats	58	8	10:05	00:28	01:32
406	G	200 Fr	Heats	51	7	10:32	00:22	01:54
407	B	100 Ba	Heats	48	6	10:54	00:14	02:08
408	G	50 Ba	Heats	52	7	11:08	00:11	02:19
409	B	200 Fl	Heats	32	4	11:19	00:15	02:33

Estimated Session Finish Time 11:33**Gala 2 Session - 5 Warm-up 12pm Start 1pm**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	G	400 IM	Heats	38	5	01:00	00:33	00:33
502	B	100 Fr	Heats	65	9	01:33	00:16	00:49
503	G	50 Fr	Heats	87	11	01:49	00:13	01:02
504	B	200 Br	Heats	39	5	02:02	00:19	01:21
505	G	200 Ba	Heats	35	5	02:21	00:18	01:39
506	B	50 Fl	Heats	72	9	02:39	00:11	01:51
507	B	800 Fr	Heats	24	3	02:51	00:30	02:20

Estimated Session Finish Time 03:20**Gala 2 Session - 6 Warm-up 3:45pm Start 4:30pm**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
601 (403)	B	50 Br	Final			04:30	00:03	00:03
602 (403)	B	50 Br	Final			04:33	00:03	00:05
603 (402)	G	100 Fl	Final			04:35	00:03	00:08
604 (402)	G	100 Fl	Final			04:38	00:03	00:12
605 (405)	B	200 IM	Final			04:42	00:05	00:16
606 (405)	B	200 IM	Final			04:46	00:05	00:21
607 (404)	G	100 Br	Final			04:51	00:03	00:24
608 (404)	G	100 Br	Final			04:54	00:03	00:28
609 (407)	B	100 Ba	Final			04:58	00:03	00:31
610 (407)	B	100 Ba	Final			05:01	00:03	00:34
611 (406)	G	200 Fr	Final			05:04	00:04	00:38
612 (406)	G	200 Fr	Final			05:08	00:04	00:43
613 (409)	B	200 Fl	Final			05:13	00:05	00:47
614 (409)	B	200 Fl	Final			05:17	00:05	00:52
615 (408)	G	50 Ba	Final			05:22	00:03	00:55
616 (408)	G	50 Ba	Final			05:25	00:03	00:57
617 (502)	B	100 Fr	Final			05:27	00:03	01:00
618 (502)	B	100 Fr	Final			05:30	00:03	01:03
619 (503)	G	50 Fr	Final			05:33	00:03	01:06
620 (503)	G	50 Fr	Final			05:36	00:03	01:08
621 (504)	B	200 Br	Final			05:38	00:05	01:13
622 (504)	B	200 Br	Final			05:43	00:05	01:18
623 (505)	G	200 Ba	Final			05:48	00:05	01:23
624 (505)	G	200 Ba	Final			05:53	00:05	01:28
625 (506)	B	50 Fl	Final			05:58	00:03	01:30
626 (506)	B	50 Fl	Final			06:00	00:03	01:33

Estimated Session Finish Time 06:03