



**Region Championships 2022 - Gala 2**  
**Ponds Forge ISC (50m), Sheffield - Monday 2<sup>nd</sup> May 2022**  
**(License 1EM220575)**  
**Meet Schedule**

**Heats: Swimmers 14yrs/over – Finals: 14yrs, 15yrs,16yrs 17yrs/over (400m finals 14/15yrs,16yrs/over)**

**800m/1500m: all ages (11/12yrs, 13yrs,14yrs,15yrs,16yrs,17yrs/over) Relays: 14/16yrs & 17yrs/over**

<b>SESSION 1</b>	<b>HEATS</b>		<b>Start 9:00am</b>
101	Mens 14/16yrs	800m	Freestyle team
102	Mens 17/over	800m	Freestyle team
103	Women	50m	Butterfly
104	Men	50m	Breaststroke
105	Women	50m	Backstroke
106	Men	50m	Freestyle
107	Women	800m	Freestyle
	<b>FINALS</b>		
108-111	Men	50m	Breaststroke
112-115	Women	50m	Butterfly
116-119	Men	50m	Freestyle
120-123	Women	50m	Backstroke
<b>SESSION 2</b>	<b>HEATS</b>		<b>Start TBA</b>
201	Womens 14/16yrs	800m	Freestyle team
202	Womens 17/over	800m	Freestyle team
203	Men	50m	Butterfly
204	Women	50m	Breaststroke
205	Men	50m	Backstroke
206	Women	50m	Freestyle
207	Men	1500m	Freestyle
	<b>FINALS</b>		
208-211	Women	50m	Breaststroke
212-215	Men	50m	Butterfly
216-219	Women	50m	Freestyle
220-223	Men	50m	Backstroke