

Confirmation Pack

Swim England East Midland Regional
Championships 2024

Moorways, Derby 4th-6th May



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CONTACTS

<p>Swim England East Midlands Matthew McNicholas Swim England East Midlands Pavilion 3 3 Oakwood Drive Loughborough LE11 3QF</p> <p>Tel: 07392 115785 Email: matthew.mcnicholas@swimming.org</p>	<p>Venue Moorways Sports Village and Water Park Moor Ln Allenton Derby DE24 9HY Tel: 01332 414310 Moorways website</p>
<p>Regional Welfare Officer Ursula Beck</p> <p>Email: eastmidlands.welfare@swimenglandvolunteers.org</p>	<p>Swim England Safeguarding</p> <p>Child Safeguarding Referral</p> <p>Adult Safeguarding Referral</p> <p>Email: safeguarding@swimming.org</p>



KEY DATES

<p>Spectator tickets released</p>	<p>18:00, Wednesday 1st May 2024</p>
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TRAVEL INSURANCE

Affiliated clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please click [HERE](#) or contact Howdens directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

****VOLUNTEER ROLES AVAILABLE****

Currently we do not have enough volunteers to allow the event to take place.
 Please consider volunteering this weekend if you can.
 Expenses are available.

[Officials sign up](#) | [Volunteers sign up](#)



COMPETITION INFORMATION

Entries

<p>Swimming Confirmed Swimming Entries</p>
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All entries should be checked to ensure they are correct. If there are any entry errors, please [contact us](#) as soon as possible.



Event Schedule

A detailed list of all events and timings can be found on the [EM Swim Champs website](#).

Dates	Session	Warm Up	Session Start	Finish Due
Saturday 4 th May	Session 7 Heats	Open/Male Warm Up – 08:00-08:25 Female Warm Up – 08:25-08:50	09:00	10:51
	Session 8 Heats	Female Warm Up – 11:15-11:40 Open/Male Warm Up – 11:40-12:05	12:15	13:28
	Session 9 Heats	Open/Male Warm Up – 14:00-14:25 Female Warm Up – 14:25-14:50	15:00	16:13
	Session 10 Finals	Mixed Warm Up – 16:45-17:10	17:15	18:57
Sunday 5 th May	Session 11 Heats	Female Warm Up – 08:00-08:25 Open/Male Warm Up – 08:25-08:50	09:00	10:47
	Session 12 Heats	Open/Male Warm Up – 11:15-11:40 Female Warm Up – 11:40-12:05	12:15	13:45
	Session 13 Heats	Female Warm Up – 14:00-14:25 Open/Male Warm Up – 14:25-14:50	15:00	16:13
	Session 14 Finals	Mixed Warm Up – 16:45-17:10	17:15	18:57
Monday 6 th May	Session 15 Heats	Open/Male Warm Up – 07:45-08:10 Female Warm Up – 08:10-08:35	08:45	09:53
	Session 16 Heats	Female Warm Up – 10:15-10:40 Open/Male Warm Up – 10:40-11:05	11:15	12:21
	Session 17 Finals	Mixed Warm Up – 13:00-13:25	13:30	15:44

**Please note: Event schedule is subject to last minute changes and the timings stated above are estimates*

Protocol

Competitors are not permitted to change on poolside.

Only personal training equipment can be utilised during warm-up and swim-down in the competition pool (pull buoys, kickboards). The use of bungee cords, fins and large hand paddles is prohibited in all pools at all times.

The use of mobile phones is strictly prohibited in the changing village. Any attendee found to be using their phone in the changing village will be asked to leave the event.

Photography is only permitted from the balcony, no photography from poolside.

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Hot drinks are not allowed on poolside, whether or not in a closed container.

Footwear must be worn when leaving poolside.

Small camping chairs are permitted on poolside, but space may be limited so please be considerate of others.

Swim down pool

A swim down pool facility is available. Access is via the changing village. Athletes must be suitably supervised by club staff whilst using this facility. Space may be limited.

Start Lists & Results

Start lists and results will be [available to view online](#). A QR code to access the online start sheets and results will be posted on the event notice boards, and can also be viewed on the results website. Additional results will be posted in the entrance to the pool hall from the changing rooms.

Marshalling Area – Heats and Finals

Competitors must report 'race ready' to the competition stewards in sufficient time; it is suggested no later than 15 minutes, prior to the start of their event.

Finalists must report to marshalling at least ten minutes prior to the listed time on the timeline for their final. Any finalist failing to report in time may not be permitted to swim.

The marshalling area is behind the start end, starting from the side opposite the balcony. 50m events marshal behind the 50m end.

Withdrawals from heats

Withdrawals must be submitted online by **6pm** on the **day prior** to the event.

Withdrawals submission	Submit a heat withdrawal here
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Finals

For 50m – 200m events, the fastest 8 swimmers in each age group will be allocated a final place with the competitors placed 9th and 10th in the heats considered first and second reserve.

400m finals will be swum as 16/Un and 17/Ov age bands with the fastest 8 in each being allocated a place in the final with the competitors placed 9th and 10th in the heats considered first and second reserve. Please note medals are also given on a HDW basis in the set age groups.

Withdrawals from Finals

Withdrawals from Finals must be made no later than 20 minutes after the conclusion of the last individual event in the session in which they have qualified for the next round.

The withdrawal must be made at the medals table. Athletes cannot withdraw online.

Failure to notify or a late withdrawal from a final, including reserve finalists, or

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800m/1500m freestyle shall be subject to a £20 fine, this will be sent via invoice following the completion of the Championships.

Anti doping

Whether by accident or on purpose, doping is against the rules of the sport. Swim England and Aquatics GB promote a culture of doping-free sport.

For further information, please refer to Anti-Doping section:

<https://www.swimming.org/swimengland/anti-doping/>

All medications should be checked on www.globaldro.com

Medical

There will not be a doctor present at this meet. Pool staff will administer first aid where necessary. Please contact a member of event staff or venue if you require assistance.

The nearest hospital is:

Royal Derby Hospital
Uttoxeter Rd
Derby
DE22 3NE

It is 3.6 miles away, just under a 15-minute drive.



ACCREDITATION

Accreditations must be worn at all times whilst in accredited areas of the venue. Access to the pool deck will not be granted without a valid event accreditation.

A £10 charge will be applied to replace any lost or forgotten accreditations.

Accreditation checks will be carried out at the event and entry into the event may be denied without an accreditation pass.

Competitors

Accreditation is not required for competitors at this event. Staff at poolside access control will have a full list of swimmers competing available to them, and will be encouraged to challenge anyone who is not easily recognisable as an athlete. Please be patient with the volunteers on the door, who are ensuring the safety of all competitors by carrying out random checks.

Coaches, Team Managers and Chaperones

Poolside Accreditation Pass Charge

£8

To apply for the accreditation pass, all coaches, team managers and chaperones must meet the [Poolside Accreditation Requirements](#).

To apply for the event accreditation:

- Swim England members: log into [Swim England Membership Options](#)

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Once verified and purchased, all accreditation passes are sent in an email to be printed in advance of the event.

Accreditation for the Corby weekend is not valid at this event.



GENERAL INFORMATION

Changing Room Access

The changing rooms will be used by members of the public as well as our athletes. Please ensure extra caution is used around changing. Athletes should not use the changing village for any reason other than to get changed and to access the poolside.

Security

Spectators, competitors and team staff are asked to be extra vigilant and take care not to leave their belongings unattended. Any concerns should be reported to event or venue staff.

Spectators Tickets

Spectators can purchase tickets online **from 6pm Wednesday 1st May**.

[PURCHASE TICKETS ONLINE HERE](#)
from 6pm Wednesday 1st May

	Pricings
One day	£8
All days	£22
Finals	FREE (No ticket required)

Event Merchandise

Event Merchandise will be available via our partners SportySwim. [Pre order merchandise here](#). A full swim shop will be available in the entrance area.

Food and Drink

There will be provision to buy food and drink at the venue. The Everyone Active cafe offers a range of food and drink, including quick snacks and warm healthy meals. The café will be open from 8am to 7pm on all days. Event catering is for event volunteers and officials only.

Revision

We appreciate this event takes place in the run up to many athletes participating in GCSE and A level exams. A quiet space for revision and stretching will be available in the meeting rooms near the spectator entrance. Swimmers under 18 must be supervised.

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Parking

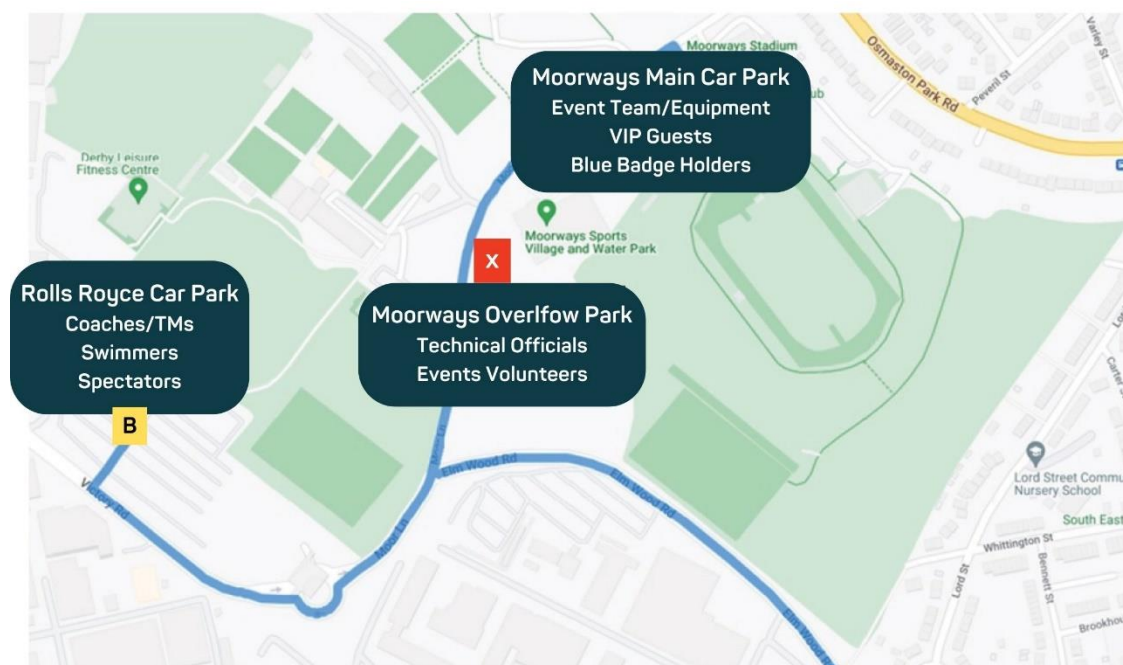
The pool building will be used by members of the public throughout the weekend's event. To reduce congestion, the main car park will only be available to non-event attendees. Checks will take place at the entrance to the car park to ensure this is being complied with.

Event parking will be at Rolls Royce, Victory Rd, Allenton, Derby DE24 8ZF. A small charge of £3 is payable to the local Scouts who will be providing volunteer parking services. **Please ensure you bring cash to pay the charge.**

The car parks will open from 0715 on all three days. Please do not arrive early.

Event volunteers and officials have separate parking arrangements that will be communicated to them in due course.

Blue badge holders may use the disabled spaces in the main car park.



Live Streaming

The event will be live streamed on the [Swim England East Midlands YouTube channel](#). This stream is provided by a young volunteer, not a professional company.

CONDITIONS

The Swim England East Midlands Championships 2024 Conditions can be found on the [EM Swim Champs website](#).