

SEEM Long Course Championships 2023 - For Warm up times please refer to the pre-meet information

| Session 10 | | | | | | | | |
|-------------------------------------|-----|-----------------|-------|-------------|-------|-------|-------|------------|
| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
| 701 | B | 100 FI | Heats | 62 | 8 | 09:00 | 00:16 | 00:16 |
| 702 | G | 100 Fr | Heats | 144 | 18 | 09:16 | 00:33 | 00:48 |
| 703 | B | 50 Br | Heats | 108 | 14 | 09:48 | 00:19 | 01:07 |
| 704 | G | 200 Ba | Heats | 96 | 12 | 10:07 | 00:46 | 01:53 |
| 705 | B | 400 Fr | Heats | 52 | 7 | 10:53 | 00:41 | 02:33 |
| Estimated Session Finish Time 11:33 | | | | | | | | |
| Session 11 | | | | | | | | |
| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
| 706 | G | 50 FI | Heats | 104 | 13 | 01:00 | 00:16 | 00:16 |
| 707 | B | 200 IM | Heats | 102 | 13 | 01:16 | 00:45 | 01:01 |
| 708 | G | 800 Fr | Heats | 56 | 7 | 02:01 | 01:14 | 02:15 |
| 709 | B | 100 Ba | Heats | 92 | 12 | 03:15 | 00:27 | 02:42 |
| Estimated Session Finish Time 03:42 | | | | | | | | |
| Session 12 | | | | | | | | |
| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
| 801 (701) | B | 100 FI | Final | | | 05:00 | 00:03 | 00:03 |
| 802 (701) | B | 100 FI | Final | | | 05:03 | 00:03 | 00:05 |
| 803 (701) | B | 100 FI | Final | | | 05:05 | 00:03 | 00:08 |
| 804 (702) | G | 100 Fr | Final | | | 05:08 | 00:03 | 00:10 |
| 805 (702) | G | 100 Fr | Final | | | 05:10 | 00:03 | 00:13 |
| 806 (702) | G | 100 Fr | Final | | | 05:13 | 00:03 | 00:16 |
| 807 (703) | B | 50 Br | Final | | | 05:16 | 00:02 | 00:18 |
| 808 (703) | B | 50 Br | Final | | | 05:18 | 00:02 | 00:20 |
| 809 (703) | B | 50 Br | Final | | | 05:20 | 00:02 | 00:22 |
| 810 (704) | G | 200 Ba | Final | | | 05:22 | 00:04 | 00:26 |
| 811 (704) | G | 200 Ba | Final | | | 05:26 | 00:04 | 00:30 |
| 812 (704) | G | 200 Ba | Final | | | 05:30 | 00:04 | 00:34 |
| 813 (705) | B | 400 Fr | Final | | | 05:34 | 00:06 | 00:40 |
| 814 (706) | G | 50 FI | Final | | | 05:40 | 00:02 | 00:42 |
| 815 (706) | G | 50 FI | Final | | | 05:42 | 00:02 | 00:44 |
| 816 (706) | G | 50 FI | Final | | | 05:44 | 00:02 | 00:46 |
| 817 (707) | B | 200 IM | Final | | | 05:46 | 00:04 | 00:50 |
| 818 (707) | B | 200 IM | Final | | | 05:50 | 00:04 | 00:54 |
| 819 (707) | B | 200 IM | Final | | | 05:54 | 00:04 | 00:58 |
| 820 | L | 200 MT | Heats | | 2 | 05:58 | 00:07 | 01:05 |
| 821 (709) | B | 100 Ba | Final | | | 06:05 | 00:03 | 01:08 |
| 822 (709) | B | 100 Ba | Final | | | 06:08 | 00:03 | 01:10 |
| 823 (709) | B | 100 Ba | Final | | | 06:10 | 00:03 | 01:13 |
| Estimated Session Finish Time 06:13 | | | | | | | | |