



Swim England East Midland Region

Swim England EMR Distance Time Trial 2022

(Swim England Regulations & Technical Rules)

Loughborough University

Saturday 16th April 2022

Closing Date: Midnight Saturday 9th April 2022

This is a level 1 licensed time trial to give a distance opportunity to swimmers within the qualifying window for the British Summer Championships and Home Nation Championships. A younger age group has been included to also give experience to these swimmers.

The following conditions apply:

- The promoter is Swim England East Midlands
- All events shall be swum mixed gender
- The event is open to any Club Compete member from a Swim England club, priority will be given to Swim England East Midland members
- Entry is subject to meeting the set qualification times (long course – 50m, conversions accepted).
- Times must have been achieved between 1st January 2021 and the closing date at a level 1 -4 meet, split times are not accepted (should the time be achieved on the closing weekend please contact the organiser: eastmidland@swimming.org)
- Should the event be oversubscribed priority will be given to those East Midlands swimmers with the fastest submitted times, taking age groups into consideration
- Should the meet have to reject swimmers a reserves list will be offered
- Age at 31st December 2022
- **Meet Schedule: Warm up: 11.00 for a 11.30am start**
Event 1 – 1500m freestyle – mixed
Secondary warm up – time tbc
Event 2 – 800m freestyle – mixed
- Communication will be done via email to the email given on the submission form, the Regional Championship website will also carry confirmation details: <https://www.emswimchamps.org.uk/>
- A draft programme will be circulated and published on the website as soon as possible after the closing date
- Withdrawals must be done online by midnight on Friday 15th April 2022, failure to notify of a withdrawal will result in a £20 penalty levied against the club

- The results will be available via the website during the event
- Withdrawals after the closing date refunds will only be given on medical grounds if appropriate evidence can be provided
- Swimmers and team members are responsible for ensuring swimmers arrive at their block in time for their race, announcements will be made.
- There are no awards given during this time trial
- Should the meet be undersubscribed at the closing date, additional entries outside of the given times may be considered at the discretion the organisers
- A secondary stroke will be available at this meet

Entry

Entry can only be completed via SportSys entry manager – files available on the website, these along with the submission sheet should be sent to: eastmidland@swimming.org

Invoices for BACS payments will be sent once accepted entries have been processed.

Entry fees:

Swim England East Midlands club member: £12

Outside of Region: £16

There will be no poolside accreditations in place for the time trials clubs are expected to support their swimmers on poolside in line with the Coach and Team Manager ratios as given within Wavepower and the Swim England Coaching Policy.

Qualifying Times

(LONG COURSE - 50m - Conversion times accepted)

Male	11/12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs /Ov
800m	12.35.70	12.06.60	11.20.60	10.37.80	10.30.40	10.20.50
1500m	21.40.20	21.17.30	20.50.80	20.38.60	20.23.40	20.04.90

Female	11/12 yrs	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs /Ov
800m	12.29.10	12.10.30	11.23.70	10.52.80	10.44.50	10.35.60
1500m	22.39.40	22.16.90	21.24.60	21.05.40	20.58.10	20.46.00

Officials

We will require the support of officials to ensure this opportunity runs at a level 1 if you are available please let us know here:

https://www.surveymonkey.co.uk/r/DistanceTT_Officials