

1. General

1. The promoter is Swim England East Midland Region.
2. For the purpose of these conditions reference to 'the website' means www.emswimchamps.org.uk
3. The Championship shall be swum long course (50m pool) and held under the relevant Swim England Regulations & Technical Rules.
4. The Championship shall be open to any Club Compete member of a club affiliated to Swim England, or equivalent members with Scottish Swimming or Swim Wales. Temporary Swim England membership may be used at this event please contact entries@emswimchamps.org.uk for the relevant form.
5. A competitor can only compete for one club in the Championships and must be a registered member of the club on the day that they enter.
6. A secondary strobe will be provided where it is requested by the athlete at the time of entry. Requests can be made via: entries@emswimchamps.org.uk
7. Swimmers are reminded that changing must not be carried out on poolside or within public areas such as the café. Swimmers must be dry when entering the café or spectator gallery
8. Any question arising, for which these conditions do not provide shall be determined by the Promoter.
9. All warm-up and start times will be available once entries have been closed and processed, the first warm up will be no earlier than 8.30am. Confirmation of timings and the programme will be posted on the Championship website as soon as possible following the closing date.
10. Heat sheets will be available online and posted on the wall as soon as possible before each warm up session following the processing of withdrawals.

2. Entry

1. Swimmers age is at 31st December in the year of the Championships, all swimmers must be 18 or over on the day of the Championships.
2. Entry for individuals and teams must be completed by the closing date via the entry link available on www.swimmingresults.org with payment completed using the method indicated
3. Times do not need to be on rankings for entry, times can be edited or added for entry.

4. Entry times or the swimmers club cannot be changed once the entry has been submitted, unless the time change is a significant error the entry manager should be contacted before the closing date via: entries@emswimchamps.org.uk
5. Entry fee: £8 per individual event
£1 for relay only swimmers
£12 for relays
6. Entries close: **Midnight Wednesday 7th December 2022** or earlier if events/sessions become full, should the closing date be extended this will be communicated on the Championship website.
7. Entries may restricted based on session length, entries will be accepted on a first come first served basis. Should time require the 800m and 1500m events may be restricted to 2 heats, in the event of this the Region will run a reserves list for these events.
8. Events are swum mixed gender/age and will be seeded based on entry time, with the final heat of each event spearheaded. With the exception of relays which will be seeded by age group.
9. Acceptance of entries will be available on www.emswimchamps.org.uk following the close of the event.

3. Team Events

1. All swimmers must be members of the entering club at the time of the swim, all swimmers must to be registered on the entry system, relay only swimmers can be entered via the form on swimmingresults.org by selecting no swims and proceeding to payment
2. Teams will be made up of two male and two female competitors swimming in any order
3. For the 72+ teams all swimmers must be 18 years and over, all other team age groups swimmers must be 25 years and over, with the requirement to meet to entered age category. Age banding of relays cannot be changed after entry

4. Medals

1. Will be awarded to the first, second and third male and female swimmer in each event based on age adjusted FINA points
2. Team medals will be awarded first second and third in the following age groups: 72+, 120+, 160+, 200+, 240+, 280+

5. Withdrawals

1. All withdrawals must be submitted online via the website 1 hour before the published warm up start time for the relevant session.
2. The promoter cannot accept any responsibility for a withdrawal that has not been submitted using the correct procedures.

3. Once a withdrawal from has been submitted a swimmer cannot be reinstated unless this is an error by the Championship administration team.
4. Refunds are not available for any withdrawals after the closing date of the event

6. Event Cancellation

1. In the event that the event is cancelled by the event Promoter full refunds of entry fees will be offered to all competitors
2. No refunds will be offered for any other expenses incurred in relation to the Championships

Event Declaration

1. No member of Swim England East Midlands accept in the delivery of the event, its officer or the promoter will be liable for any loss, damage or injury occurred during this meet.
2. By entering this event I am declaring myself fit and healthy to compete in these Championships
3. I am aware of and appreciate the inherent risks involved in such training and competition including the possibility of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
4. I undertake at all times during the Championships to use my best endeavors to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
5. 4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards to safety.
6. By entering the event I agree to abide by and be governed by the rules and regulations of Swim England and the Event Conditions.