



Swim England

East Midlands

SWIM ENGLAND EAST MIDLAND REGION

DISTANCE TIME TRIAL 2019

(Swim England Regulations & Technical Rules)

Licensed Meet number: 1EM191237

Loughborough University Pool (50m)

Saturday 20th April 2019

Closing Date: Saturday 13th April 2019

This is a level 1 licensed time trial to give opportunity to swimmers wishing to achieve a time in the 800m and 1500m freestyle with the potential to qualifying for the British Summer Championships and the Home Nation Championships.

The following conditions apply:

- The promoter is the Swim England East Midlands
- The event is open to swimmers from the East Midlands Region, should there be any spaces if all East Midlands swimmers have been accepted we may then accept swimmers from outside of Region.
- Entry is subject to meeting the set qualification times (long course – 50m pool, conversions accepted). Times that are equal or better these times will be accepted subject to space being available.
- Should there be the uptake for events there will be a minimum of 5 heats of each event, in the event of oversubscription priority will be given to those East Midlands swimmers with the fastest submitted time, initially taking the age groups into consideration.
- All events shall be swum mixed gender
- Should the meet have to reject swimmers the meet will offer a reserves list.
- Should the meet be undersubscribed on acceptance of entries the meet will accept entries fastest first for swimmers ranked 1-12 in the East Midland Region for reverse events only, details can be found on page 2.
- Times to be achieved at a licensed meet level 1-4 on or after 31st March 2018, split times are not accepted.
- Age as at 31st December 2019
- Meet Schedule: **Warm up: 9.30am for a 10am start**
Event 1 – 1500m freestyle - mixed
Secondary Warm-up time tbc
Event 2 – 800m freestyle – mixed

- All communication will be via the Regional website, where necessary queries will be handled either by email or telephone. <https://www.swimming.org/eastmidland/swimming/>
- A draft programme will be available on the website as soon as possible after the closing date. There will be no other confirmation of acceptance. Should there be a need to restrict entries, rejected swimmers will be notified by email.
- Withdrawals must be done by the online withdrawal form one hour prior to the published warm up time. Failure to notify a withdrawal will result in a £20 penalty levied against the club.
- The results will only be available via the website and will be uploaded as soon as possible after the event.
- After the closing date refunds will only be given on medical grounds and if appropriate evidence can be provided.
- There will be no secondary stroke used at this meet

Entry

Entry via qualifying times must be done online by the Clubs Open Meet co-ordinator with payment by paypal on completion of entry to receive the entry link please email: fiona.conway@swimming.org with your club, name and role.

Entries must be submitted by Saturday 13th April 2019.

To receive the rankings list after Saturday 13th April please use the above email – this can be multiple people from a single East Midlands club.

Entry fees

Swim England East Midlands members: £10

Outside of Region: £15

Qualifying Times – Main Events

(LONG COURSE – 50m)
(Conversion times accepted)

Male	10,11,12	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs +
800m	10.44.79	10.36.09	10.06.09	9.36.39	9.31.59	9.17.49
1500m	20.38.29	20.02.69	18.47.59	18.17.69	17.49.19	17.44.19

Female	10,11,12	13 yrs	14 yrs	15 yrs	16 yrs	17 yrs +
800m	10.54.69	10.06.59	10.03.79	9.55.79	9.52.59	9.51.59
1500m	20.14.09	19.48.39	19.00.49	18.49.39	18.45.39	18.38.89

Rankings entry – space dependent following close on Saturday 13th April 2019

- East Midlands rank 1 – 12 in each of the qualifying time age groups, long course and short course in the male 800m and female 1500m only.
- Swims will be from the last 12 months from Thursday 11th April 2019
- Requests to enter must be received by midday on Thursday 18th April 2019
- Swims will be accepted into any remaining spaces on a fastest first basis.
- Rankings lists will be circulated to coaches of the coach distribution list and those on the requested list (to receive this information please email: fiona.conway@swimming.org)